

Youth Empowerment Society (YES)

SISTER LED YOUTH EMPOWERMENT INITIATIVES (SLYI)

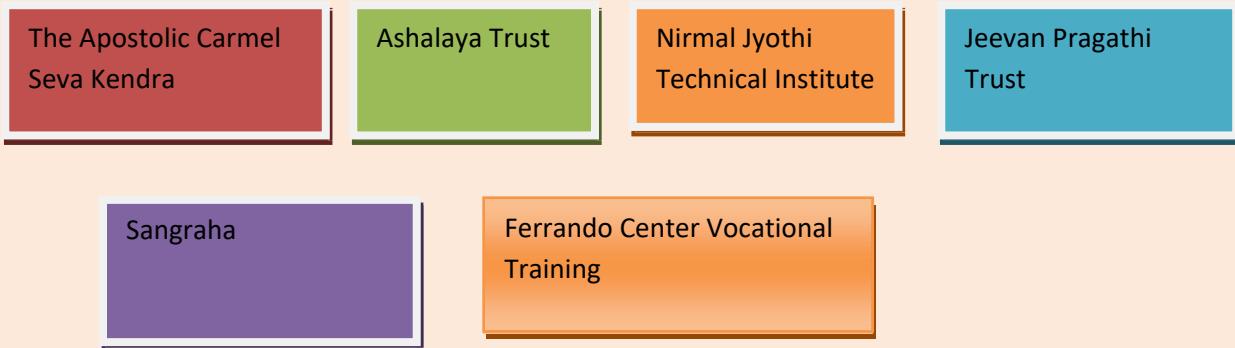
HILTON FOUNDATION

OUR INTERVENTIONS, STRATEGIES AND PROGRAMMES.

Shaping the Digital Vision We have digitized and automated most processes within SLYI, reducing delays and the use of papers. Staff are using digital platforms in data collection, management, and reporting. The seamless technology has fostered collaborations between teams from diverse geographical locations.

Institutionalizing Safeguarding the policies were introduced to safeguard the community, staff and resources. Orientation on the Prevention of Sexual Harassment at the workplace and Child safe guarding was organized for all the staff.

Our 6 Center :

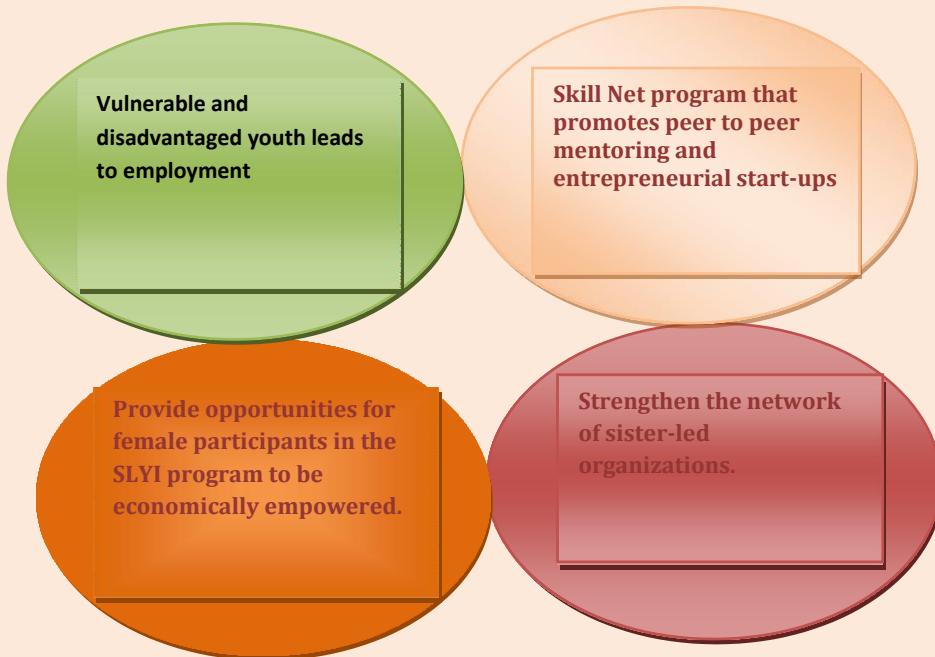


Our Objectives

We have 4 objectives to ensure a youth become financially independent in society

1. To provide skill training to vulnerable and disadvantaged youth that leads to employment.
2. To launch the Skill Net program that promotes peer to peer mentoring and entrepreneurial start-ups

3. To provide opportunities for female participants in the SLYI program to be economically empowered.
4. To strengthen the network of sister-led organizations.



Goals of SLYI

- More than 800 people are made aware of skill training conducted in 6 vocational training institutes led by Catholic sisters.
- 600 youth admitted to 6 vocational training institutes led by Catholic sisters.
- 60 sessions are provided that promote self-awareness and character formation for youth.
- 300 program participants/ skilled youth are employed in the community.
- 5 congregations will initiate the Skill Net program in their respective centers
- 15 Skill Net candidates will receive dedicated counseling and career guidance sessions for entrepreneurship
- 50 youth who initiate and implement Skill Net projects
- 400 female SLYI participants who are made aware of and trained to access government-sponsored benefits and programs for women.
- 300 bank accounts that will be opened for all those who do not have it so as to avail of the benefits for women given by the government
- 400 female SLYI participants who access public benefits of the government
- 24 SLYI Network members who are compliant with government regulations necessary to form an NGO.
- 36 staff across the network (24 lay people and 12 sisters) who participate in combined professional development and capacity building.

- A strong networks created and formal registration processes initiated .

Staff Strength

6 Principals, 6 mobilizers and all together 36 staff are working under this project. Experienced and enthusiastic skill trainers in various department such as Fashion designing, Beauty and wellness, Cutting and tailoring, Accounts Executive, Medical Transcription, Mechanics and electronic are ready to share their knowledge . they are serving for the betterment of the Society.

Courses offered

9 different courses offered such as Diploma in Cutting and Tailoring, Assistant Beauty Therapist, Modern Secretarial Practice, Medical Transcription, Electronics and Mechanics, Communicative English and basic IT, Accounts Executive, Fashion Designing, and NIOS.



Participants are learning at Diploma in Assistant Beauty Therapist Course





Certification:

Participants who completes 10 months diploma course, evaluated by ICRDCE team members certified by Skill India –NSDC certificate. This certificate valid for MUDRA loan, by which participant can start small shop.



Cutting and Tailoring short term Certificate program held at Nirmal Jyothi Technical Institute



Computer students from Seva Kendra with External examiner cum text book committee member of NSDC –Vinod with Director of Hilton Foundation Project Sr. Jenitta Marry



Youth Engagement

Youth engagement has been extremely positive throughout the urban interventions with female participation growing exponentially through the last year. Youth trained through SLYI become skilled in area they choose. 466 female are skilled out of 552 total participants.



Awareness camp of Government scheme :Gram Panchayath officer Mr.Srinivas took a session on Vishwakarma,Ayushman bharath card, Personal Accidental card, loans for SHG groups, Gruhalakshmi schemes.

Co-curricular Activities

Sport classes, Mono acting , pick and speech activities helps the participants stress free .These help in out from stage fear.



Participants are playing drama on concept of coping with stress



Everyone can do :

Encouraging the participant during the classroom sessions, taking them to factory visits, salon shop, garments. Gives idea of how to deal with customers and motivates the participants they can do .



Ex-student of Beauty and wellness Course Bharathi showing HD makeup methods to present learning participants

Quality training:

Quality Education in 6 centers using proper and fine quality tools. 552 youth provided with skills for better livelihood opportunities in first year itself. Career guidance were promoted for increased income avenues. Capacity building program were organized to focus of all interventions.



Capacity Building Programme held at Sevakendra . Resource person Mr. Jimmy Mathew along with all 6 center principal's and staff of SLYI

Opening Bank Accounts

We ensure all our participants should have a bank account. We do Opening bank account with zero balance camp. So far , all 512 participants are having bank account





Yoga and Meditation

Regular Yoga and meditation activities conducted to help the participant it promotes relaxation, which is the natural opposite of stress.





Alumni meetings:

The ex-students sharing their experience about tailoring course helped her happy life earning a little money for her own expenses.



Awareness program on Constitutional Social Welfare

A constitution is a collection of rules and principles which set out how a state will be governed. It is the aim to improve the social economic conditions of people belonging to the weaker section of the society at Ashalaya Trust



Conducted Constitutional social welfare awareness program on 20/02/2024.

Guest Lectures :

Guest lecturers featuring esteemed experts from diverse fields. These lectures are thoughtfully curated to cover a wide range of topics that directly contributes to the holistic development and well-being of our participants.



Counseling and Group therapy :

To better expression and management of emotions, including anger. relief from depression, anxiety or other mental health conditions. increased confidence and decision-making skills. ability to manage stress effectively. Regular counseling and group therapy classes conducted twice in a week.



Motivational sessions :

Setting goals is the first step in turning the invisible into the visible.”

Sr. Selvi took a session to NIOS students on Goal Setting.



Open Schooling :

Providing an opportunity to continue the education by NIOS. An ideal opportunity for a child to Learn at Your Own Pace in Customized Learning Environments.

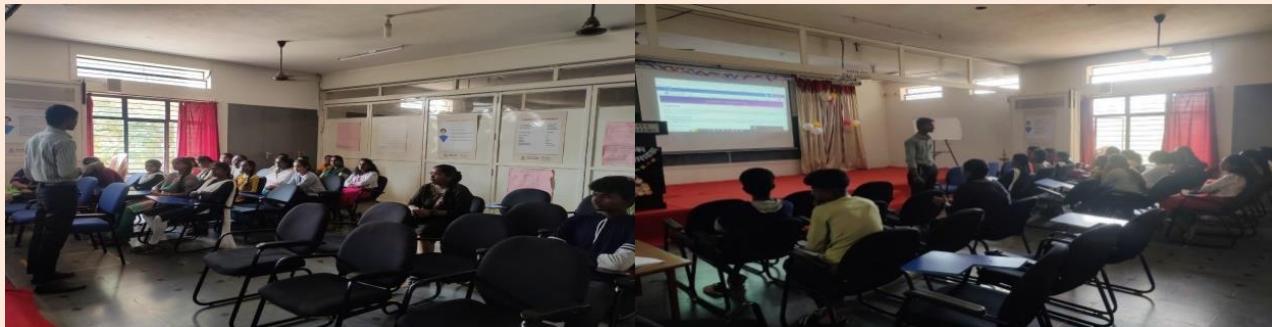


Awareness camp on Right to vote a Right person

Indian Elections are one of the most important events in the Indian political calendar. Awareness program conducted to vote a Right person on March 18



Mr.Arfa Khan , Life skill Trainer in Baghepalli took the awareness camp to Ashalaya participants how to apply voter Id , Also , explained about Fundamental rights.



Job Drive

One of the highlights of the program is the organized placement drives. Renowned companies visit our campus to conduct recruitment sessions, offering students a platform to showcase their skills and secure offers from leading organizations.



SkillNet Initiatives

To help poor and marginalized people , one of the main objective of SLYI is that after the completion of the course to start SKILLNET. At St.Anthony community college , 6 participant from Beauty and Wellness Course and 5 participants from tailoring course join together to form a SKILLNET group. Regular guidance and counseling to the participants from Alumnis, Experts



and Principal.

Regular Group meeting conducted to start SkillNet. Consent from the participant and from their family taken.

Stories from the Ground

Kouser Khanum : “Earning by Learning”

Myself Kouser Khanum , joined the Cutting and Tailoring Course on July 2023 at St. Anthony Community College. My husband is a Fabrication worker. Its very to difficult to maintain our expenses with his income to bear 3 children school fees. So decided to learn tailoring . So that little support can be given to family.

I joined the Cutting and Tailoring course with great difficulty . Since, I stay in a joint family completing all the house hold work. 10years after the marriage she started seeing the world. As ,I gets a chance to learn . I didn't stop .

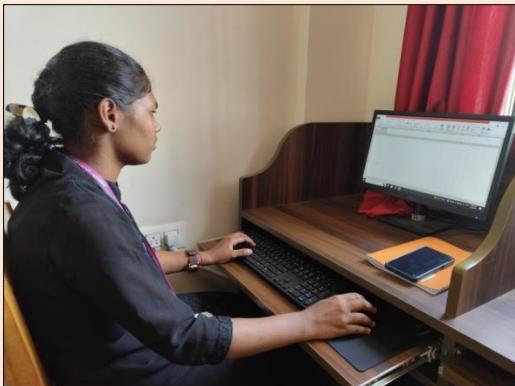
This is one of the best extremely real tailoring Institute to learn tailoring from basic to master level. With in 10 months I can able to learn Cutting and stitching Dress, palazzo, blouses latest designer blouse, umbrella frock, new pattern western wear. My humble thanks to madam and Sister for their guidance. And giving individual attention to become a professional tailor. I have joined SkillNet with my classmate . I try my best to become a model for the society. I am charging 800 for umbrella frock, 750 for chudidar,I am using Gpay and cash service



e. I look for an opportunity where I can grow. I started using digital advisement using her cell phone. So , orders started increased

“If had gave up would not have grown”
(Words by Anjitha)

I'm AnjithaAnji. I grew up in a smalltownin Ernakulam, Kerala with limited access to educational resources. Despite facing financial challenges and societal expectations, I dreamt of pursuing animation



course and making a positive impact in my community. Growing up in a small town with underfunded schools, I had limited access to advanced courses, extracurricular activities, and college-preparatory resources.

Speaking about my family, it is small one - with my mother, who works as a daily labor for 600rs/day and my father doesn't work due to health issues and with all the difficulties and struggles, my mother supports my brother to do his BE. And I did not continue after my 12th grade. One day, we got to know about FCVT centre, Mysore and its courses, managed by Sr.Biji Mathew, who helped me stay in FCVT hostel for free

and supported me to complete my Computer/spoken English and tally course

Today, I'm happy to say that I am a proud student at FCVT. First of all I want to thank FCVT and team for providing me with this opportunity. This course helped me to improve my skills in computer and English.



Before joining I wasn't very good in English. But after completing 10 months courseI able to understand and speak with confidence. I'm not perfect but with this skill I'm able to supervise and handle accounts at an agarbatti

packaging unit... This is the part time that I'm doing. My responsibilities here include checking the quality of products and doing data entry tasks. I earn up to ₹5k per month for 3 hours of work

FCVT, which has to be said “a game-changer' in my life... In our lives ... It has not only provided us with valuable insights but also helped many students like myself to earn and study at the same time.

Thank you all those who helped me fulfill my dreams.

“So that's how my institution has shaped me to become a person I never thought I would be”.

**ONE'S BEST SUCCESSES COME AFTER
THEIR DISAPPOINTMENTS**

**Left alone By Parents and Supported
byFCVT.....**



I am one among those unlucky children, without even knowing why happiness is not interested in us as soon as we are born. I am Sneha, born and grew up in a slum in Mysore. My mother was a house wife while my father is a tender coconut plucker. Because of the low income of my parents, poverty was a constant condition of our house. I am a second child where as my younger sister Sandhya is 2 years younger and elder sister, Sona is 4 years elder to me, who is now married. I was supported for education from the very early stage by Ferrando convent,

In spite of poverty, our family was somehow managing a simple life until my father had a fight and left the family alone. After that, we lost our mother last year by July 2023 for Jaundice. Things changed our life very drastically; we had no idea on what to do next. Somehow, at this time my aunt was taking care of me and Sandhya. Luckily came a day when Sr. Biji observed the situation that

we were in and decided to take me to FCVT. Though I failed in 10th, FCVT stood by me to achieve, to identify my skills and calibers to attain my goals to self-sufficient in life. Just in form of a small leaf which helped a drowning ant in river by taking care of my painful life.



I then stayed in our hostel and joined the Fashion designing course in FCVT. This is the only part of my background as information I can share with anybody. More than this excuse me for the details such as my father, his profession and his life now.

Now, after successfully completing my 10 month fashion designing course at FCVT under NSDC project, I proudly label myself as a fashion designer. I never knew I could earn my diploma and provide for my family at the same time. Yes, I'm a student com part timer in stitching. Depending on the work I get, I am able to earn up to ₹5k per month... which I'll be using to take care of my family and buy things for myself. I'm working 3 hours a day and studying the remaining. I dream of continuing my education by correspondence and into job as well

All thanks to Sr. Biji and FCVT team.

Name: Souful Afnan

WORKING AT:
Advaith Hyundai

DESIGNATION:
Customer Relationship Executive

SALARY:
16,500 INR

**NIRMAL JYOTHI SMART
CENTRE - BANGALORE**

Ms. Souful Afnan, a determined and hardworking individual, is from Bannerghatta Road, Bangalore. Despite facing various challenges, Souful has managed to create a success story for herself and her family.

Starting with her educational background, Souful completed her SSLC (10th grade) education. While the qualification may seem modest, Souful's ambition and drive led her to pursue further opportunities for personal and professional growth.

Recognizing the importance of continuous learning and skill development, Souful enrolled at the Nirmal Jyothi Training Centre. The decision proved to be a turning point in her life. At Nirmal Jyothi, Souful found herself in an excellent learning environment that provided her with the tools and knowledge to enhance her abilities.

During her time at Nirmal Jyothi, Souful was able to open up and build her

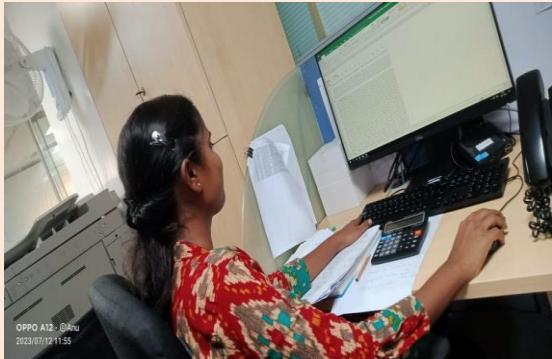
confidence. The training institute not only equipped her with essential skills but also instilled in her a sense of self-belief and determination. These qualities became the foundation for her future success.

After completing her training, Souful embarked on a career path as a Customer Relationship Executive at Advaith Hyundai. Despite starting with an entry-level position, Souful's dedication and commitment to providing excellent customer service helped her excel in her role. She consistently demonstrated a strong work ethic and a willingness to go the extra mile to satisfy customers.

Beyond her professional success, Souful



also remained committed to her family. With a total of five members in the family, including her parents, one elder sister, and one younger brother, Souful strived to create a better life for everyone. She understood the importance of her father's occupation as a Radiator Mechanic and the sacrifices her parents had made to support her.



Name: Anitha Vishwas

WORKING AT:
Anthem Bioscience

DESIGNATION:
Junior Executive trainee

SALARY:
22,000 INR

**NIRMAL JYOTHI SMART
CENTRE - BANGALORE**

Ms. Anita Mary, a tenacious BCom graduate hailing from Koppal, embarked on a journey of triumph driven by determination and an unquenchable thirst for knowledge. In a family of six, including her grandparents, parents, younger sister, and brother, Anita's aspirations were not bound by her modest upbringing. She set her sights on not just personal success, but also on uplifting her loved ones.

Her path to success was not devoid of challenges, yet Anita's unwavering commitment to personal growth propelled her forward. Fully aware of education's transformative potential, she embraced a role as a Junior Executive Trainee at Anthem Bioscience, where she earned a monthly salary of 22,000 INR. However, Anita's ambition extended beyond her job title; she sought comprehensive development.

Recognizing the need to fortify her professional acumen, Anita turned to the Nirmal Jyothi Training Centre. This institution not only provided her with an environment conducive to learning but also fostered practical skills essential for real-world application. Experienced mentors guided her through a diverse curriculum, encompassing industry practices, communication finesse, and leadership proficiency.

Her tenure at the training centre endowed Anita with not only theoretical expertise but also the ability to implement her knowledge effectively. Armed with critical thinking and problem-solving skills, she flourished in her role at Anthem Bioscience, eventually rising as a distinguished leader. Anita's journey serves as a remarkable testament to

resilience, seizing opportunities, and embracing lifelong learning.

Today, Anita stands as a paragon of achievement, reflecting the remarkable feats attainable through hard work, tenacity, and the empowerment of education. Her metamorphosis from a mere BCom graduate to an accomplished professional radiates the significance of continuous learning. Not only does she uplift her personal standing, but she also fills her family and community with a sense of pride and inspiration.

Staff experience:



Mary Theressa – Beauty and Wellness Trainer

From SLYI, we got a good and quality product. So that , our participant started using the product which no less than a parlor. Participants are getting an opportunity to join skillnet where Fresher's are treated with space to do things. Liberty is given to explore their talent.

Shashikala S K – Mobilizer Ashalaya Trust

The training program of Hilton taught me creating effective content and how to make careful planning and execution to ensure that they meet the needs of the youth and achieve the desired learning outcomes.

From Hilton I learnt the different methods of teaching platform, techniques and strategies, using activity to reach out to the trainee. In the Hilton project I liked most is skill net, after the training also our alumni will be with us and I can see progress and development of our students. These elements made me give best to the trainee transfer of my knowledge and skills to real world

contexts.

